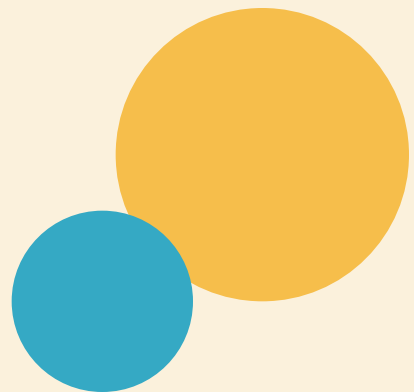


EVERYDAY HOMESCHOOL GUIDE

Homeschool Starter Guide

Week-one checklist, setup steps, and a family rhythm plan you can start this Monday.



Before you begin

You do not need a teaching degree, a dedicated classroom, or a perfect plan. You need a start date, four core subjects, and a simple rhythm your family can repeat. This guide walks you through the first week.

The only three decisions for week one

1) Your start date. 2) Where learning happens. 3) What time you begin each morning. Everything else can be adjusted later.

Set up your space

- ☐ Choose one surface for daily work and one basket or bin for supplies.
- ☐ Keep a wall calendar or whiteboard where your child can see the day.
- ☐ Stock the basics: pencils, notebooks, folders, printer paper, read-aloud books.

Your week-one checklist

- ☐ Write down your start date and tell one accountability friend.
- ☐ Print or bookmark your state notification requirements (see Guide 02).
- ☐ Pick a math resource and a reading resource — two is enough to begin.
- ☐ Set a daily start time and a hard stop time.
- ☐ Choose one read-aloud book for the family.
- ☐ Create a folder per child for finished work samples.
- ☐ Plan one field trip or outing for the month.
- ☐ Schedule a 15-minute Friday review with your child.

A sample family rhythm

Time	What happens	Why it works
8:30	Morning basket: read-aloud, calendar	Gentle, shared start
9:00	Math (15-30 min)	Focus is highest early
9:40	Reading + phonics	Short, daily, consistent
10:15	Movement / snack break	Resets attention
10:35	Spelling or writing	Small daily reps
11:00	Science or history rotation	Hands-on, 2-3x per week
11:30	Free reading / project time	Ownership and interest

Move the blocks to fit your work schedule. A complete school day for early grades is often 1.5 to 3 hours of focused work.

Plan your first week

Write your start date, subjects, and daily start time
